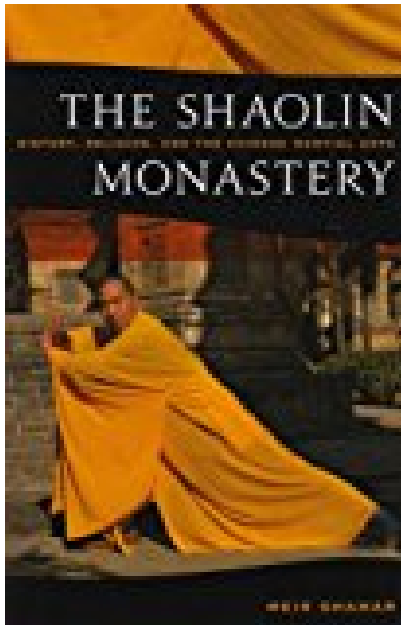


The Shaolin Monastery History Religion and the Chinese Martial Arts



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This meticulously researched and eminently readable study considers the economic, political, and religious factors that led Shaolin monks to disregard the Buddhist prohibition against violence and instead create fighting techniques that by the 21st century have spread throughout the world.

THE SHAOLIN MONASTERY HISTORY RELIGION AND THE CHINESE MARTIAL ARTS

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