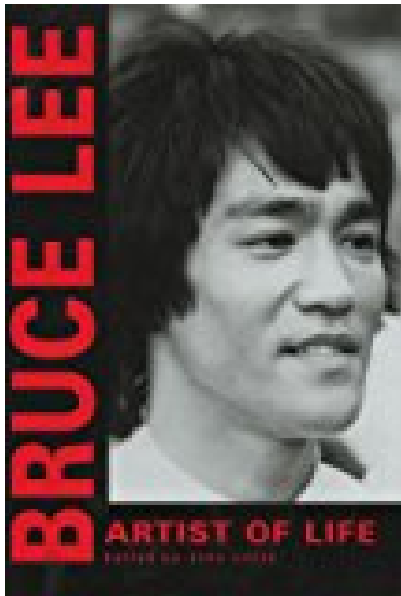


Artist of Life Bruce Lee Library



BOOK DETAILS

- Author : Bruce Lee
- Pages : 288 Pages
- Publisher : Tuttle Publishing
- Language : English
- ISBN : 0804831319

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BOOK SYNOPSIS

A rare, never-before-seen collection of Bruce Lees private letters and writing! Bruce Lee was an intense man with such sheer concentration of energy that no one who encountered him, on screen or in person, could help but be drawn to him and his enthusiasm for life and knowledge. A voracious and engaged reader, Lee wrote extensively, synthesizing the thought of East and West into a unique personal philosophy of self-discovery. Bruce Lee: Artist of Life explores the development and fruition of Bruce Lees thoughts about gung fu (kung fu), philosophy, psychology, poetry, jeet kune do, acting, and self-knowledge. This volume from Bruce Lees private notebooks is capped by a selection of Lees letters that eloquently demonstrate how he incorporated his thought into actions and advice to others. Also included are multiple drafts of select compositions, showing how Lees thought evolved and was refined over the years and how the ideas he was reading and writing about were reflected in his work and everyday life. Sections include: Gung Fu—reflections on gung fu, psychology in defense and attack, how to choose a martial arts instructor, and Bruces own view on the martial art Philosophy—regarding human understanding, Taoism, Plato, Socrates, and Descartes Psychology—three types of philosophy, the top dog and the underdog, the four basic philosophical approaches, and learning Poetry—The Dying Sun, Love is a Friendship Caught on Fire, Once More I Hold You in My Arms, and Parting Jeet Kune Do-The Liberation—toward personal liberation, notes on JKD, true mastery, and an objective evaluation of the combative skill of Bruce Lee, by those who know what it is Acting—what exactly is an actor, the art of acting Self-knowledge—in search of someone real, self-actualization, and the passionate state of mind Letters—The True Meaning of Life-Peace of Mind, Use Your Own Experience and Imagination, and Its All in the State of Mind

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